



Job Shadow Student Interest Form

The job shadow will introduce you to the environment, expectations and requirements of the workplace, professions and industries. Job shadowing gives you a chance to take an up-close look at what a “real job” is like and how the skills you learn in school can be put into action in the workplace.

A typical job shadow is two to four hours during which you will spend time one-on-one with an employee observing daily activities and asking questions about the job and industry. You will complete written assignments before, during and after the Job Shadow to help you understand and reflect on what you see, hear, and learn in the workplace and to connect your experiences to coursework and relate your job shadow directly to career pathways, related skill requirements, and postsecondary educational options.

In order to connect you with the best match for your job shadow, we need some information from you. Please complete the form below and return to your school contact (Mr. Kress or Mr. Soat), or scan and email it back to kellycooper@dalmc.net

Name: _____

School: Hempstead Senior

Tech WORKS program: Advanced Manufacturing Construction Pre-Engineering

Goal: What do you want to learn on a job shadow? Be specific.

Career interest: What is your current interest as far as a future career or job opportunity is concerned?
What do you want to do when you complete high school/college?

Places I'd like to do a job shadow:
